

Motivation for Writers

with Tina Radcliffe

**What Have You Done Today to
Make Your Dream Come True?-Karen King**

WHO IS THIS PERSON?



Life is all about how you handle Plan B.

-Tina Radcliffe

Why Are You Here?

- How real is the dream to you?
- How important is writing to you?
- When was the last time you worked on your WIP?
- Will you be any closer to your dream one month from now?



Do You Believe in Yourself ?

95%

**of your emotions-positive
or negative are
determined by
how you talk to yourself
on a minute to minute
basis.**

**You become what
you think about
most of the time.
Resolve to be a
complete optimist.
I CAN DO IT!**

80%

**of what's holding
you back is
internal.
Only 20% is
external.**

Challenge Your Self-Limiting Beliefs!

For you to achieve your full potential...

you must give up all beliefs that suggest that you may be limited with regard to your intelligence, your creativity, your natural ability, and your personality.

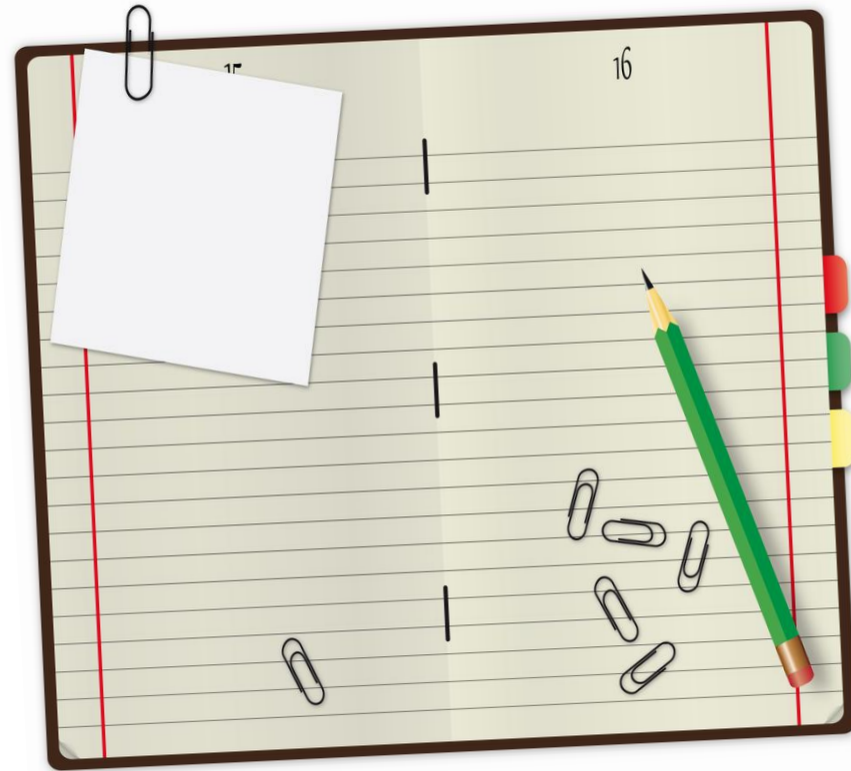
People who are doing better than you are not necessarily better than you—they are only doing things better than you.

Leverage your special talents.

Refuse to let weakness in any area hold you back.
Realize that you are remarkable.

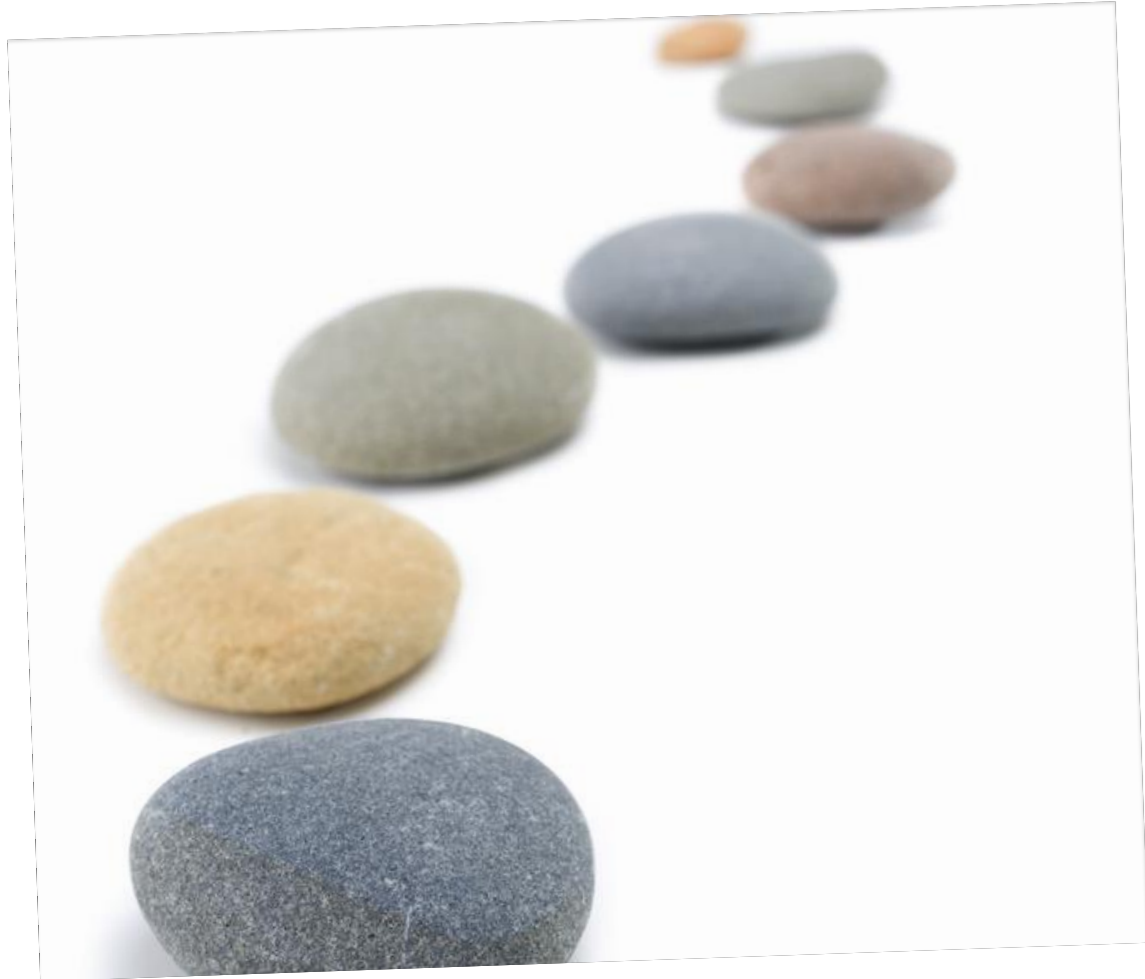
Ask Yourself the Hard Questions

- What's holding me back?
- Why haven't I achieved my goals already?
- Am I willing to accept complete responsibility for the problem and the solution?



What is a dream? What is a goal?

- Dreams are what.
- Goals are how.
- Dreams = Destination.
- Goals = Journey.
- Dreams usually require others.
- Goals are 100% within your control.
- Goals are the stepping stones to your dreams



What's Your Writing Legacy?

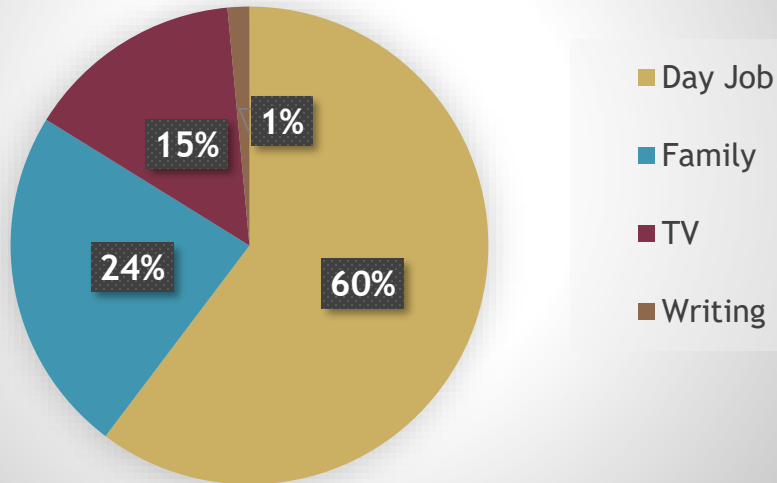
Do You believe writing is your gift?

Are you living intentionally?

What will your tombstone say?

Pie Chart Your Priorities.

How Do you Spend your Week?



Pie chart your priorities according to time spent doing them last week.

Least time spent gets the smallest sliver. Where is writing?

The key is not to prioritize what's on your schedule, but to schedule your priorities.

-Stephen Covey

SELF-DISCIPLINE is the ability
to make yourself do what you
should do, when you should do it,
whether you feel like it or not.

Elbert Hubbard

Write it Down: Make It Happen

Harriet Anne Klausner

RAS - Reticular Activating System

The job of RAS is to help our brains decide what information to focus on and what to delete. When you have a clearly-defined purpose, a mission, and when you live every moment in a state of certainty that you'll achieve it, you influence what your RAS filters out and what lights it up. As a result, you pay special attention to things that help you achieve what you're after, things you otherwise would have never noticed.

nomeatathlete.com

LISTS



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1. Lists provide structure.
 2. They dampen anxiety when there is chaos.
 3. They prove we got things done.
 4. How do you eat an elephant?

*Insanity: Doing the same thing over and over and expecting different results.-
Albert Einstein*

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- Ask yourself what you CAN do!
 - How can you turn things around and upside down?
 - You should always be ready to walk through open doors.



Set Yourself Up for Success



- Exploding Head Syndrome
- Just Say NO!
- Zeigarnik Side Effect
- Self-Defeating Behavior
- Accountability Partner
- Procrastination
- Guard the Work

A Few Words About Other Writers...

Don't live somebody else's writer life.

Don't measure yourself by someone else's yardstick.

Don't find yourself chasing someone else's vision.-Unknown

If the ladder is not leaning against the right wall, every step we take just takes us to the wrong place faster.-Stephen R Covey

Never hold yourself captive to someone else's methods.
-Tina Radcliffe



Write 1 Goal You Will Accomplish by
August 21, 2023.

*The first step toward getting
somewhere is to decide you're NOT
Going to stay where you are.*

John Pierpont Morgan



REMINDER:
GO
AHEAD
GET
YOUR
HOPES
UP!

FINALLY

Resolve to do something every single day that moves you toward your dreams.

*What have you done today to
make your dream
come true?*